

SAINTS ALIVE

ALL SAINTS LUTHERAN CHURCH

TRUNK OR TREAT

ENJOY AN AFTERNOON OF TRICK OR TREATING, BOUNCY HOUSE, SPOOKY HOUSE, AND FOOD TRUCKS.

OCTOBER 27, 2023 | 4:30PM

REGISTER YOUR TRUNK AT [ALLSAINTSCG.ORG/EVENTS-2](https://allsaintscg.org/events-2)



A Few Updates!

Property Management Update

We had one last bid come in for snowplowing and it is for \$2250 from Dec. to March. Salt is more, if we have snow in Nov. it'll be by how many times. This is a HUGE deal. It's through Legacy Remodeling who formerly worked for Zion. I love good connections. All the other bids were around \$10,000 for the season

METRO DINING CARDS

The MDC cards will be available starting late September! They are \$30/set of 136 cards. There are many cards for take out besides dine in. The proceeds will go to the church youth! If you have any questions, please call Sandy Willmarth at **651.983.6550**.

Trunk or Treat!

Join us on **FRIDAY** October 27th from 4:30-6:30 for some fun Trick or Treating. There will be more than just treats as well. We'll have a bouncy house, spooky house and food vendors!

WORSHIP SCHEDULE

Sundays @ 9:00am
In-Person and on Facebook

Upcoming Events

Quilting Crew

Every Monday 8:30-12:00
Coffee @ 10:00

Evening Quilters 1st and 3rd Tuesday @ 6:30-8:00

Senior Fitness

Tuesdays & Thursdays @ 10:30am

Senior Men's Luncheon

Thursday, October 5th

Final Lefse Dates

October 5th @ 5pm
October 6th @ 8am



Sheep Dog's Log

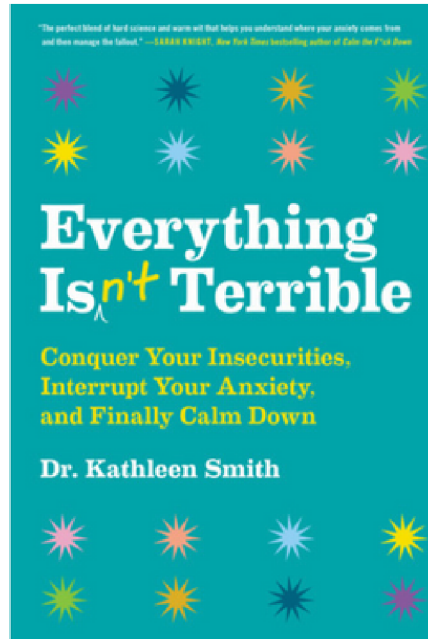
WITH PASTOR JULES

My book pick for October will help you, I guarantee it! This is the most accessible book on Bowen Family System's Theory, my true passion, that I have read to date. *Everything Isn't Terrible* by Kathleen Smith is designed to help readers conquer their anxieties and their anxious habits, and discover ways to move forward without as much stress and worry.

Kathleen Smith works as a therapist and in each chapter, she gives an example of a patient she's met whose anxiety was negatively impacting their life in some way. We meet Monica, whose strained relationship with her mother and brother was causing issues between her and her father. We meet Richard, who was worried about introducing his boyfriend of two years to his family.

The structure of the book allows for an easy and quick read — each chapter is relatively short and focuses on a different example. A different type of anxiety.

"I can't overstate how important observation is when it comes to lowering anxiety in your family. Often people will try to jump in and change themselves (or others!) without getting a good sense of how their family functions."



Katherine Smith is interested in a particular type of anxiety, and she follows Bowen Theory to guide her patients to a calmer, healthier life. Bowen Theory believes that our anxieties stem from our relationships, and that if we study the relationships in our lives and work to manage them better, it'll have a natural flow-on effect towards our anxious minds.

Everything isn't Terrible teaches us that we can't always change the situation — or relationship — we're in, but we can adapt how we react or respond to that relationship. People tend to act a certain way when they're stressed or anxious, and Kathleen allows us to take a step back and observe the situation from afar with fresh eyes. This may help readers confront a part of their lives that has been bringing them worry.



Vicar's Victuals

WITH VICAR ERICA

Recently, a lot of our lectionary texts (the Bible passages we read on Sundays) have been focused on how to be community. How can we, as people of God, be in right relationship with those around us. From how to best support each other, to dealing with conflict, to forgiveness, Jesus talks a lot about living together as people of Faith throughout the middle chapters of the Gospel of Matthew.

As the community of All Saints, we strive to walk the walk and talk the talk of living out our faith. Throughout the coming months, we have a bunch of Lifelong Learning Lectures happening on Sundays, where we will hear from our community partners about the work they are doing, thanks in part to the support of our congregation.

We are also starting a new year of Seeds of Faith and Confirmation! During Confirmation classes this year, we will be walking through the major themes and events of the Bible, exploring the texts of our faith. We will also be helping Seeds of Faith with different things throughout the year, learning about what it means to be in community together with them.

All Saint's motto of "Show Up, Do Good, Be Kind" is a great foundation for what it takes to have good relationships together, and as we fall back into routines, it's important to prioritize habits and actions that build each other up as a community, listening to what Scripture has to teach us.

CONNECT CENTER NEEDS HELP!

IS ANYONE AT ALL SAINTS LUTHERAN INTERESTED IN CONSIDERING BEING ON THE BOARD OF THE CONNECT CENTER? WE ARE LOOKING FOR 1 OR 2 NEW MEMBERS. CONTACT:

CHERYLJOGGERPHD@GMAIL.COM IF YOU ARE INTERESTED.



MORE FUN AHEAD:

BIBLE STUDY

Every Thursday @ 10:00

CRAFTING CORNER

Tuesday, October 10th @ 6:30pm

MEN'S GROUP

Tuesday, October 17th, 5:30pm @ Broadway Bar and Grill

OWLS

Wednesday October 18th @ 11:30am

FARE FOR ALL

October 6th at 4pm

LIFELONG LEARNING

LIFELONG LEARNING SESSIONS BEGIN OCTOBER 1ST AFTER WORSHIP.

OCTOBER 1ST

MORE with Cathy Rucci

OCTOBER 8TH

Conversations with Friends with Steve Kramer

OCTOBER 15TH

Temple Talk with SFAS

OCTOBER 15TH

Grief in the Family System
Lead by Pastor Jules

OCTOBER 29TH

Temple Talk II with SFAS

NOVEMBER 5TH

All Saints Sunday

A Call for Caring People

When asked about All Saints, I talk of people who go into the community to protest actions that prevent undocumented children from going to school, or the welcome one experiences inside, fare-for-all, or those who help the hurting deportees, or our cold weather shelter, or the great worship, or some who extend Christ's love to those who can no longer join us in person.

Many of our home bound have loved this community, have contributed to and helped build it but because of illness or oldness, can no longer sit on that side, near that one to feel the arms of Christ's community around them and that's hard.

The Holistic Pastoral Care Team is a group who go out to All Saints' people with conversation and care. They who go, receive more than they give.

Do you know the joy of being greeted by one who cannot stand but who fills your day with gratitude? Did you know there was once a one-lane bridge that connected St. Paul Park/Cottage Grove to South St. Paul? Have you met one who knew how to prime the pump for water, or another who was kept alive with her twin by being carefully warmed in an oven? Then there's one who followed some great bands of the 60s and another who traveled the world with her beloved, whose voice still echoes that wonder.

You'll find a treasure trove of history and evidences of God throughout the decades in those you visit. The people are there, the visitors are few, the joy is growing, there may be a place for you. Please let me know if you'd like to join our purpose and our team.

In happy expectation and Christ,
Rebecca Thurman



Noteworthy Music

BY KAREN PIPER, MUSIC DIRECTOR

Please join us at the MUSIC MINISTRY BONFIRE ON SEPTEMBER 23 at 6:00 p.m. If you are in the music ministry or are interested in becoming part of the music ministry, you are invited! Lesley Erickson and Michael Englehardt are hosting at their home, 310 3rd Ave in Newport. Please bring an appetizer, beverage, or dessert to share. Thanks to Lesley and Michael for offering their hospitality.

The first music rehearsals were well attended and enthusiastic. We are continuously growing in all three ensembles. We enjoy the fellowship and the music. Please see me if you are interested in joining us.

The rehearsal schedule is as follows:

- 5:30-6:15 Band Rehearsal
- 6:30-7:15 Bell Rehearsal
- 7:30-8:15 Sanctuary Choir Rehearsal

God Bless,
Karen Pieper, music director



From the Congregational Council President, a summary of the bylaws seen here:

Some updates to ensure you as the congregation are in the know! Love seeing all the new people and look forward to the start of another year of programming! Let us know if you are interested in serving on council. Here is a summary of a few of our By-Laws so you can review the responsibility of the Council. We are transparent and want to ensure communication with you all.

- We meet the 2nd Tuesday of every month at 7pm (sans July; or if we deem one is not necessary).
- Open Forum is available to all members. Each speaker is allotted 2-5 minutes.
- Update to the office: We have phone coverage for the hours posted (9-2pm). Eventually it would be great if we had an office manager / communications position that is onsite. We're going to make the current staff work until things settle with the next pastor.

Constitution of Congregations By-Laws:

C12.01.01 2 at-large council members shall be elected in the even-numbered years along with the president and secretary. 3 at-large council members shall be elected in odd-numbered years along with the vice-president and treasurer.

C12.04. The congregation Council shall have general oversight of the life and activities of this congregation, and in particular its worship life, to the end that everything be in accordance with the Word of God and the faith and practice of the ELCA. The duties shall include: (1-10; I highlighted #s 1 & 6)

1. To lead this congregation in stating its mission, to do long-range planning, to set goals and priorities, and to evaluate its activities in light of its mission and goals
6. To promote a congregational climate of peace and goodwill and, as differences and conflicts arise, to endeavor to foster mutual understanding

C12.05. The Congregation Council shall be responsible for the financial and property matters of this congregation (a – f)

C12.08. The Congregation Council shall be responsible for the employment and supervision of the staff of this congregation

C13.07.A20. Letter c. The Budget Ministry Team consists of the Executive Team and Business Manager who supervise the financial, personnel, and contractual matters of the church including the treasury, the budget, the counting and recording of contributions, contracts, legal affairs, job descriptions, and long-range financial planning.

Last month's meeting agenda included staff reports where we discussed office manager needs, Zion updates, Snow plow bids, solar panel company options, immigration Task Force update, Hinchcliff scholarship candidates, pastoral candidate updates and the finances.

Julie Smith, Council President



SEEDS *of* Faith

I am excited to start our Seeds of Faith again this Fall. Seeds of Faith is available for children ages 3 years through the 5th grade, with additional programming for our confirmation and high school kiddos. I have wonderful news! This year we will be combining with Zion youth to offer Sunday morning programming. Seeds of faith will begin on Sunday September 17th with a service project of tying blankets. Our combined youth programming with Zion will kick off on Sunday October 1st. The Sunday schedule will be:

10:15-Music

10:30-Story

10:45-11:15-Craft and learning

11:15-ASLC youth will leave for home and Zion youth will return to their church service for childrens sermon and communion.

Please welcome Peg Sommers this Fall, who will be helping us with music for preschoolers-second grade. We are in major need of volunteers this year to help with a variety of tasks and events - teaching, photography, trunk-or-treat, haunted hallway, Bethlehem garage sale, the Christmas program, and preparing art projects for our youth. Many of these are one-time commitments or can be done from the comfort of your home. Please reach out to me if you are able to help in any way.

Mark your calendars:

Trunk-or-treat~October 27th 4:30-6:30

Bethlehem Garage Sale (Dress rehearsal and Christmas Shopping for mom/dad)~December 9th 10:00-2:00

Christmas Program December 10th 9:00 am

Christmas wrapping, caroling and card making for Norris Square~December 13th

We continue to have children's sermons on Sundays too, and a few highlights "the tale of two erasers", the wrinkled heart and "that's not fair,". Don't miss on these little snippets of Christ delivered in a friendly and fun way. New for the fall, during children's sermons I will be sending the youth off with a snack during service. If there are any parents that are willing to supply an individual snack and juice pouch, please let me know!

Our mission statement at All Saints Lutheran Church is meeting people where they are at and connecting them to the full life of Christ. Our greater community of youth need different support and opportunities post covid. We as a church can help our youth and families by offering support. On Wednesday evenings, we will be offering academic support in small group or individual, arts and crafts, card and board games, and time to play. Parents and grandparents can use this hour to run an errand or two or attend an adult education class. I am looking for math, reading, writing academic support, adults to supervise board and card games, indoor/outdoor games, people who are available to read books with or listen to children read to them. If you are interested in volunteering your time please send me an email. **If you are a teacher, parent or grandparent and would like to hand out a flyer to your local schools please see Leah.**

Please visit our webpage at www.allsaintscg.org or send me an email at childrensmin@allsaintscg.org to learn more and sign up.



POINSETTIA AND HOLIDAY GREENS SALE

Store Opens September 22nd!

How to order:

1. Go to www.gertensfundraising.com
2. The store code is **291**
3. Shop away!
4. Pick up your Holiday Greens and Poinsettias after 10pm worship on Sunday, December 24th.

****Store Closes on October 23rd****

AN IMMIGRATION TASK FORCE PROJECT FOR OCTOBER

1 John 3:18. Dear children, let us not love with words or speech but with actions and in truth.

Our immigration task force has learned about and supported a group called Conversations with Friends. Their mission is to help ICE detainees in Minnesota prisons who may be facing deportation. Some of these detainees have families in the U.S. and have lived, worked and paid taxes here for years. Once the decision is made for them to be deported, they are allowed no contact and are transported directly to the airport with nothing but the clothes on their backs. Conversations with Friends provides these people with backpacks filled with items to use when they land and have nothing else.

Several years ago, members of our task force, supported by this congregation, purchased and filled 15 backpacks which Conversations with Friends distributed. The need since that time has increased.

Due to that need, the task force has decided to once again ask for congregational support to purchase and fill backpacks. If you prefer to donate money, that is welcome. We have also applied for an action team grant from Thrivent. If you wish to buy items, there is a list included below. Please buy from the list exactly because there are restrictions about what can be used. Members of the task force will be in the narthex every Sunday in October to answer questions and accept donations. You may also write a check and mail it to church if you wish. If you write a check, please write **Immigration Task Force** on the memo line so the funds go to this project.

List of items:

The links are for the backpacks that work best according to Conversations with Friends, so if you choose to purchase a backpack, please order one of these:

https://www.amazon.com/dp/B07V4R4Z77?psc=1&ref=ppx_yo2ov_dt_b_product_details

SHRRADOO Extra Large 52L Travel Laptop Backpack with USB Charging Port Fit 17 Inch Laptops for Men Women (Black)

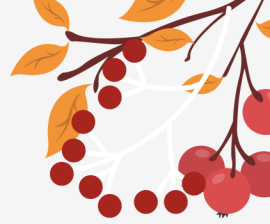
https://www.amazon.com/gp/product/B08B54WPY5/ref=ppx_yo_dt_b_search_asin_titleie=UTF8&th=1

Extra Large Backpack for Men 50L, Water Resistant 17 inch Travel Laptop Backpack with USB Charging Port, TSA Friendly Big Business Anti Theft Computer Bag, Black

Things needed for inside the backpack include: toothbrush (with cover if possible); tooth paste (e.g. 2.5 oz. Colgate or Crest); lip balm; antiperspirant (e.g. 1.8 oz Speed Stick); 2 in 1 shampoo; conditioner bar; first aid kit. We purchase these things at Dollar Tree. Note that liquids must be 3 oz or less. Gift cards are also helpful - Target or Amazon



FRIENDS in NEED



Demand at the food shelf remains strong and since COVID is a bit more manageable, we are going to change up our Share the Joy Program this year.

The Thanksgiving program will remain the same as it was the last couple of years. Thanksgiving items will be given out at the food shelf during the two weeks prior to Thanksgiving week. Clients (in our service area) will get a voucher for Cub Foods (in Cottage Grove) for a turkey or meat of their choice, and a fresh or frozen pie of their choice. We will also have other items for a Thanksgiving dinner right on the shelves for them to add to their regular food order. If you would like to help defray the cost of this program, you can send a check to Friends in Need Food Shelf, P.O. Box 6, Cottage Grove, MN 55016. (\$40 would sponsor one family, but a donation of any amount is welcome.)

We will be going back to purchasing gifts for Christmas. If you are interested in sponsoring a child or family (at around \$35 per child), please contact Kris at (651) 428-6757. I will get you the child/family information On Saturday, December 16th, please bring your gifts to the Cottage Grove Armory between 8-10am. They should be gift wrapped and marked with the child's name and family number. If you have a family, please put all the gifts in a large garbage bag and mark it clearly with their family number.

If you would like to defray the cost of Share the Joy, send a check to the food shelf at P.O. Box 6, Cottage Grove, MN 55016 or by credit/debit card online at www.finfood.org, and you can put Share the Joy in the memo line.

We appreciate you and your support and are so excited to be able to shop for the children again. Please feel free to contact me with any questions.

Kris Richard
790 Ford Road
Newport, MN 55055

651-428-6757
trixrichard@yahoo.com

FROM MS. LEAH:

Is your child struggling with reading? Join us on WEDnesdays for our tutoring hours! This is not an uncommon phenomena and we can help. Both NBC and ABC wrote about it this week and how we can help children succeed.

Watch the [NBC VIDEO](#) and the [ABC article linked here](#) for more information.



The background features a dark purple and black color scheme with silhouettes of bare trees and flying bats. In the center, a large white full moon is partially obscured by a smaller, dark bat silhouette. Two glowing orange jack-o'-lanterns with carved faces are positioned in the foreground, one on the left and one on the right. The text is centered and reads:

ALL SAINTS
LUTHERAN CHURCH
COTTAGE GROVE

TRUNK OR TREAT

10-27-23

4:30-6:30

ENJOY AN AFTERNOON OF TRICK
OR TREATING, BOUNCY HOUSE AND
A SPOOKY HALLWAY.

REGISTER YOUR TRUNK AT
ALLSAINTSCG.ORG/EVENTS



Nov. 5, 2022 • 8:30 am-1:30 pm
All Saints Lutheran Church

HOLIDAY FAIR



At All Saints, we are celebrating creativity and joy as we enter into the holiday season!

Food: Northern Smokehouse
Food Truck

Snacks: Coffee, Cider, Donuts

Speciality Foods for sale: Lefse,
Rosettes, Baked Goods



Quilts, crafts, and tasty treats will be for purchase!

There will be a silent auction for gorgeous quilts!



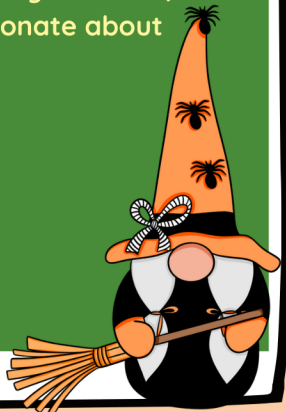


OTHER EVENTS

STUDENT TUTORING HOUR WEDNESDAYS 5:30-6:30

Our team of volunteers, whom are primarily teachers, are dedicated, good with kids, and passionate about your child's success.

- Outdoor Play
- Games
- Quiet Time
- Crafts
- Homework Help
- Tutoring
- Genius Hour



Film will be screened in English with Spanish subtitles.



Free Screening & Dinner

Thursday, October 5, 2023

5:30pm-6:00pm~Pizza & Resource Tables

6pm~Community Resources, Film & Panel

Oltman Middle School 6625 Goodview Ave. S. Cottage Grove

FREE
Dinner &
Film



Screenagers Under The Influence: Addressing Vaping, Drugs, and Alcohol in the Digital Age delves into how the tech revolution has reshaped adolescence and its effects on substance use.

The film debunks myths and depicts strategies parents and schools can use to encourage healthy-decision making, support teen mental health, set limits, and create healthy home environments. Immediately following, we will have a film debrief with expert panel members and learn more about community resources.

Audience: Youth grades 6+, Parents, School Staff, Community Members

Scan to register or visit:

<https://ScreenagersUnderTheInfluenceOct5.eventbrite.com>



Sponsored by:



STEWARDSHIP

FOR ALL SEASONS

Kick Off

